

# Cap 1 / 8 Teams

If you are a U6-U7 or U8 team please do not use the goals as those are best suited for the U9 and up teams  $\,$ 

Please try to train beside or across from:

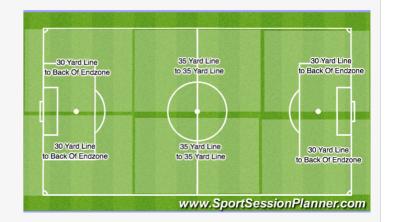
- 1- Your Buddy Team (U8-U10 Dev)
- 2- A team that you are Linked with
- 3- A team within your same Stream/Division



### Cap 1 / 6 Teams

If you are a U6-U7 or U8 team please do not use the goals as those are best suited for the U9 and up teams Please try to train beside or across from:

- 1- Your Buddy Team (U8-U10 Dev)
- 2- A team that you are Linked with
- 3- A team within your same Stream/Division

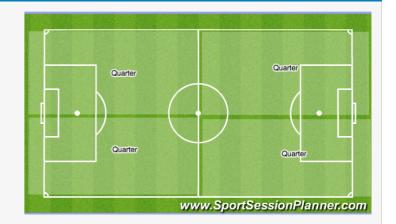


### Cap 1 / 4 Teams

If you are a U6-U7 or U8 team please do not use the goals as those are best suited for the U9 and up teams  $\,$ 

Please try to train beside or across from:

- 1- Your Buddy Team (U8-U10 Dev)
- 2- A team that you are Linked with
- 3- A team within your same Stream/Division

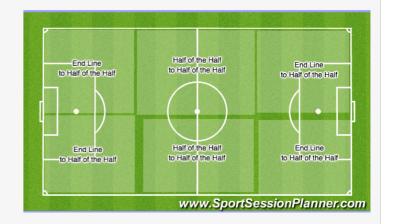


# Cap 2 & 3 / 6 Teams

If you are a U6-U7 or U8 team please do not use the goals as those are best suited for the U9 and up teams  $\,$ 

Please try to train beside or across from:

- 1- Your Buddy Team (U8-U10 Dev)
- 2- A team that you are Linked with
- 3- A team within your same Stream/Division



# Cap 2 & 3 / 4 Fields

If you are a U6-U7 or U8 team please do not use the goals as those are best suited for the U9 and up teams  $\,$ 

- Please try to train beside or across from: 1- Your Buddy Team (U8-U10 Dev)
- 2- A team that you are Linked with
- 3- A team within your same Stream/Division

