



## COACHES AND MANAGERS RESOURCE SHEET

We are excited to have you join Surrey United Soccer Club (SUSC) as a volunteer coach, assistant coach and/or manager (team official). First and foremost, thank you for volunteering your time and welcome to Surrey United!

### Surrey United "Way of Play"

All teams and coaches are expected to follow the SUSC "way of play". The playing philosophy is designed to be a progression of aligned steps that a player will follow as they move up age groups and up or down levels of play in their development path. It is designed to provide consistency and a continuum for a youth soccer player to learn the game and for a developing and evolving team to build on important aspects of general game understanding, teamwork, and general and individual fun in the sport. SUSC Technical staff provide on-going support in learning and developing all coaches' comfort and skill set in this "way of play" and are with you throughout the season to provide support and advice.

See more about SUSC here: <https://www.surreyunitedsoccer.com/aboutus>

### Long-Term Player Development

Surrey United Soccer Club is committed to the long-term development of each of our players. Not all children enter the sport of soccer at the same time or level, and the way they develop can differ. It is our responsibility to make sure that our players are in the appropriate playing environment to reach their full potential. As a result, we offer many different training and playing options to allow for player growth over the longer term. For a more in-depth look, check out our academy and program offerings here [SUSC ACADEMIES](#)

SUSC's development pathway aligns with the Canadian Soccer Association's Long-Term Player Development (LTPD) model, while maintaining a development-first philosophy, allowing players to progress through the appropriate stages of the Surrey United Program Outline Model.

Player development is the journey of a player from mini soccer all the way to adult soccer. As Surrey United is a "cradle to grave" club, the focus is on creating a fun environment where players want to continue to come back. Grouping players based on age has been a common tendency in the past; however, trends and benchmarks will still be used to evaluate players individually, giving players opportunities to be challenged within different team and academy environments.

### Coach Education

We pride ourselves on the support we provide coaches who want to continue their coaching education. We offer several in-house coaching education opportunities and regularly provide meetings to help our coaches. You will be informed of these opportunities throughout the season.

#### Coach Resources

Surrey United Soccer Club provides our coaches with the resources they need to feel comfortable and confident in front of their team. We have created materials specific to each program: Mini's, U6-U8, U9-U10, and U11+. You can find these resources online on our [WEBPAGE - COACHING RESOURCES](#)

#### Club Technical Staff

We have an amazing technical staff at SUSC. The club assigns staff to many team practices and games throughout the season. They are a key resource during and around team activities and sessions. If you have a question, please contact your VP; they will bring your request to the attention of our technical staff.



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### Coaching Mentor

We understand that becoming a coach can be a daunting task. If you are interested in connecting with a veteran coach for mentorship or require Club staff support, please reach out to your VP. Youth soccer can present unique challenges, and it may be beneficial to talk to someone who has found success in coaching.

### Age Groups and Practice/Game Formats (quick summary)

U6 - 3v3 or 4v4 (goalies optional with nets). Roster of 8-12

U7 & U8- 4v4, with goalies. Coaches allowed on the field. Roster of 8-12

*These age groups have 1 practice and 1 game per week.*

U9 & U10 - 7v7 with goalies Coaches NOT allowed on the field. Roster of 11-14

U11 & U12 – 8V8 with goalies. Half field. Roster of 12-16.

*These age groups have 1 or 2 practices and 1 game per week.*

U11&12 starts the divisional tiering of Divisions 1-3.

U13 - 18, 11v11, full field.

### Game & Practice Schedules

One of the biggest questions that our coaches are asked is when and where game days will be. In the fall / winter season - from U6 on, game days are held on Saturdays for boys and on Sundays for girls. In the spring season – U6/U7 will play Saturday morning. Boys U8 – U18 will play on Saturday & Girls U8 – U18 will play on Sunday.

A week before the start of the season we post all scheduling information on the Surrey United Website. Practice and Game schedules are posted online on our website here [SUSC Schedules](#).

**To request any changes to practices or games due to extenuating circumstances, please use the Online Forms (Game Request and Practice Request Forms) found [under both the COACHES and SCHEDULES tabs on the website](#).**

This is the only way in which to request changes to schedules and it is strictly enforced. We have an awesome scheduling team, but they reply only to formal requests in the order in which they are received.

### How Scheduling Works

Our club works directly with the city of Surrey on field allocations. We are designated field space with permits based on our number of participants and Surrey residents.

As our club is based on Cloverdale most our field allocations will be at Cloverdale Athletic Park, however in the fall and spring we share space with other sports such as football, ultimate, etc. and are required to use other fields in the area.

When field conditions are good in the spring and early fall we will often use grass fields at schools in the Cloverdale community. As daylight changes in late September, we will begin to rely on lights and training locations may change around Thanksgiving. This is why we will also use gravel allocations because there simply is not enough turf space at CAP.



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Scheduling is a complex process, we have over 200 teams and do our best to ensure younger teams placed earlier in the evenings.

Practice schedule and weekend game time slots are assigned based on days, times, and partnering teams / age groups. We often have some flexibility, however it is not always as simple as requesting to start 30 min earlier as we will have teams scheduled beforehand. There are also great advantages to training beside teams in your age group for staffing support and community building.

### Flow of Communication

Please try to answer questions from your team as best you can. If you are unable to provide answers, always direct the question to your age group VP before raising with any other SUSC contact. With thousands of players, parents, and coaches, it is important that we maintain the flow of communication to properly address questions in a timely fashion. Your Age Group VPs support you with that the entire season.

### Your Age Group VP

Your best support as a team official will be found through your age-group VP. Our VP's are all equipped with the program-specific knowledge needed to answer your questions or direct you to specific SUSC resources you may need to be successful or have general questions about. Once you become a team official and assigned to a team, you will be connected with your age group VP. They are your Club contact for the season. Their info is at the end of this document and their information and other Club contact information can also be found here: [www.surreyunitedsoccer.com/club-contacts](http://www.surreyunitedsoccer.com/club-contacts)

### Equipment

Each team is provided with balls, and new teams are provided with cones, and pinnies. Returning teams generally reuse the pinnies and cones from the previous season unless unusable. In general, we try to provide two cones per player, enough pinnies for half the team, and practice balls.

### Equipment and Uniform Pick-Up Dates

Equipment pick-up happens at Cloverdale Athletic Park at the old Clubhouse (now the Operations Facility) east of Turf Field #1. You will be notified directly of SUSC team pick up times beginning in August and through the first week(s) of September for two pick up times:

- Practice balls
- Uniforms and other equipment

SUSC has an excellent equipment management team and they can be reached at: [equipment@surreyunitedsoccer.com](mailto:equipment@surreyunitedsoccer.com)

### Uniforms

Game jerseys, socks and shorts are provided for all players to their team at the start of the season. We do not hand out individual kits to players, they are provided as a team set to the coach/managers.

- Player socks and shorts are provided for players to keep.
- Mini players (U10 and under) may keep their jerseys at the end of each season.
- U11-U18 players are to return their jerseys at the end of each playing season.

Uniform Sizing - Club uniform orders are made with the best information available at the time of ordering. There will be no exchanges of Club uniforms unless the item is two sizes too big or too small for the player.



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Please note that no additional logos, numbers, or names are permitted on any Club jersey. This includes last names on the back of any jersey. Please review our Uniform & Team Apparel Policy here: [Uniform and Team Apparel Policy](#)

### Online Club Store

Any team wishing to purchase alternative team training shirts or other alternative team apparel – including fanwear for players and their families can visit our online club store [ONLINE CLUB STORE LINK](#)

## Other Resources

### Webpage

Surrey United Website has many resources available to coaches, parents and players. Before the season starts please take the opportunity to review the information available. Our website is mentioned several times already - it is our best resource to help you. Please spend some time becoming familiar with it. Another important resource is your age group VP - their role is to help you succeed. Finally, please do not hesitate to ask for assistance within your team.

### Team Linkt

Surrey United offers our teams access to a free Team Communication App called Team Linkt (similar to TeamSnap). This is a great application to post team schedules, update player availability and send team communications.

To download the app and invite your team members please review the instructions on our website [HERE](#)

### Newsletter

Our club sends out a monthly newsletter throughout the season with important information for you as a coach. The newsletter includes special dates, news stories and announcements from the club. Please be sure that you have signed up to receive emails through our POWERUP registration site. We pride ourselves on being more than a soccer club and the newsletter holds all the information for SUSC community events and initiatives that you and your team can get involved in. The newsletter is posted monthly on our website here [CLUB NEWSLETTER](#)

**If you have any further questions please do not hesitate to reach out to your age group VPs, listed below (and on our webpage).** The website has the most up to date information as the VPs may change from season to season.

VP Minis U6 – U9 **Kelly Forster**  
[vpmini@surreyunitedsoccer.com](mailto:vpmini@surreyunitedsoccer.com)

VP Juniors U11 & U12 **Yasmin Church**  
[vpjuniors@surreyunitedsoccer.com](mailto:vpjuniors@surreyunitedsoccer.com)

VP Senior Girls U13 – U18 **Erin Billing**  
[vpgirls@surreyunitedsoccer.com](mailto:vpgirls@surreyunitedsoccer.com)

VP Senior Boys U13 – U18 and SGU Program **Oliver Villagran**  
[vpseniordistrictboys@surreyunitedsoccer.com](mailto:vpseniordistrictboys@surreyunitedsoccer.com)



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## Glossary of Terms

### **Suggested Team Roles**

**Head Coach** - 'In charge' of the team, with the assistance of those listed below. Plans and runs majority of the practices and games.

**Assistant Coach(es)** - assists Head Coach with running practices and games. May have certain responsibilities (goalies/defense or offence).

**Manager** - leads admin and communication side of team - emails and availability, Prints team roster for game days of older groups. Organizes team socials (often with other parent help).

Every team is different based on those who volunteer to help, these role definitions are just suggestions. The VP and Technical Staff can also assist in this area.

### **Common Club acronyms:**

SUSC – Surrey United Soccer Club

New Clubhouse - top floor of the big red barn.

Old Clubhouse / Operations Facility - south-east corner of green roofed building.

CAP – [Cloverdale Athletic Park \(168<sup>th</sup>/64<sup>th</sup>\)](#)

SUDA – [Surrey United Development academy](#)

HPA – [High Performance Academy](#)

BCSPL – [British Columbia Soccer Premier League](#)

MSL – Metro Select League (U14-U18)

BCCSL – [BC Coastal Soccer League](#)

RTP – [Return to Play](#)

CRC – Criminal Record Check

RIS – [Respect in Sport](#)

BCSA – [BC Soccer Association](#)

SFDA – [South Fraser District Association](#)