

# SURREY UNITED SOCCER CLUB



## COACHES AND MANAGERS RESOURCE SHEET

We are excited to have you join Surrey United Soccer Club (SUSC) as a volunteer coach, assistant coach and/or manager. Thank you for volunteering your time and welcome to Surrey United!

### **Surrey United "Way of Play"**

All teams and coaches are expected to follow the SUSC "way of play". The playing philosophy is designed to be a progression of aligned steps that a player will follow as they move up age groups and up or down levels of play in their development path. It is designed to provide consistency and a continuum for a youth soccer player to learn the game and for a developing and evolving team to build on important aspects of general game understanding, teamwork, and general and individual fun in the sport.

### **Age Group Program Coordinator**

Your best support as a team official will be found through your age-group Program Coordinator. These SUSC leaders are equipped with the age group and program-specific knowledge needed to answer your questions or direct you to specific resources within the club.

Once you sign up as a team official, you will be connected with your age group Program Coordinator. Their info is at the end of this document, or please look at our website under the "About Us" tab for Club Contacts.

### **Club Technical Staff**

We have an amazing technical staff at SUSC. The club assigns staff to many team practices and games throughout the season. They are a key resource during and around team activities and sessions. If you have a question please contact your Program Coordinator; they will bring your request to the attention of our technical staff. For more on our SUSC Technical Staff click here:

<https://www.surreyunitedsoccer.com/clubcoaches>

### **Coaching Education**

We pride ourselves on the support we provide coaches who want to continue their coaching education. We offer several in-house coaching education opportunities and regularly provide meetings to help our coaches. Coach education opportunities and requirements will be provided to you through our technical staff and Ronan Kelly takes the lead in this area of coach development. Coaching courses are communicated directly by email and located on our website:

<https://www.surreyunitedsoccer.com/coachingcourses>

### **Coaching Resources**

Surrey United Soccer Club provides our coaches with the resources they need to feel comfortable and confident in front of their team. We have created materials specific to each program: Mini's, U6-U8, U9-U10, and U11+. You can find these resources online on our [\*\*WEBPAGE - COACHING RESOURCES\*\*](#)

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## Coaching Mentors

We understand that becoming a coach can be a daunting task. If you are interested in connecting with a veteran coach for mentorship, or require Club staff support please reach out to your Program Coordinator. Youth soccer can present unique challenges, and it may be beneficial to talk to someone who has found success in coaching.

## Flow of Communication

Our Coaches, Executive and Technical Staff are the primary source of communication between Surrey United Soccer Club and our teams. Please try to answer questions from your team as best you can. If you are unable to provide answers, please direct the questions as required by our SUSC Communication Protocol located here: [SUSC Communications Protocol](#)

## Equipment

Each team is provided with balls, cones and pinnies. In general, we try to provide two cones per player, enough pinnies for half the team, practice balls, and a starter kit for new coaches (in fall). Feel free to reach out to the equipment manager for more specifics on what is available to you and your team [equipment@surreyunitedsoccer.com](mailto:equipment@surreyunitedsoccer.com). YOu will be provided with all the details of equipment and uniform pick up and end of season return through our Team Bulletins.

## Uniforms and Online Club Store

Game jerseys, socks and shorts are provided to each team at the start of the season. Please note that all player socks and shorts are provided for players to keep. Mini players (U10 and under) may keep their jerseys at the end of each season. U11-U18 players are to return their jerseys at the end of each playing season.

Uniform Sizing - Club uniform orders are made with the best information available at the time of ordering. There will be no exchanges of Club uniforms unless the item is two sizes too big or too small for the player.

Please note that no additional logos, numbers, or names are permitted on any Club jersey. This includes last names on the back of any jersey. Any team wishing to purchase alternative team training shirts or other alternative team apparel can visit our online club store [ONLINE CLUB STORE LINK](#).

For more information, please review our [Uniform and Team Apparel Policy](#)

## Manager Resources Team Linkt

Surrey United offers our teams access to a free Team Communication App called Team Linkt. This is a great application to post team schedules, update player availability and send team communications. To download the app and invite your team members please review the instructions on our website [HERE](#).

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## Practices/Games

Practice schedule and weekend game time slots are assigned based on days, times, and partnering teams / age groups. We often have some flexibility, however it is not always as simple as requesting to start 30 min earlier as we will have teams scheduled beforehand. There are also great advantages to training beside teams in your age group for staffing support and community building.

**To request any changes to practices or games due to extenuating circumstances, please use the Online Form found [under the COACHES tab on the website.](#)**

## How Scheduling Works

Our club works directly with the city of Surrey on field allocations. We are designated field space with permits based on our number of participants.

As our club is based in Cloverdale much of our field allocations will be at Cloverdale Athletic Park, however in the fall and spring we share space with other sports such as football, ultimate, etc. and are required to use other fields in the City. The Club is actively working with the City of Surrey to expand field facilities in the Clayton, Cloverdale and Fleetwood areas to better accommodate the growing population we serve.

When field conditions are good in the spring and early fall we will often use grass fields at schools in the Cloverdale community. As daylight changes in late September, we will begin to rely on lights and training locations may change around Thanksgiving. This is why we will also use gravel, all weather fields and gyms for our youngest players because there simply is not enough turf space at CAP at this time.

Scheduling is a complex process, we have over 225 teams and do our best to ensure younger teams are placed earlier in the evenings.

## Game Schedules

One of the biggest questions that our coaches are asked is when and where game days will be. In the fall / winter season - from U6 on, game days are held on Saturdays for boys and on Sundays for girls. In the spring season – U6/U7 will play Saturday morning. Boys U8 – U18 will play on Saturday & Girls U8 – U18 will play on Sunday.

Practice and Game schedules are posted online on our website here [SCHEDULES](#).

Our Schedulers send coaches and managers the [weekend game schedule on Monday evenings](#) and will send an updated schedule on Thursdays where necessary due to City field closures or changes made by opposing teams. Most, if not all changes made mid week are outside of our control (e.g., field closures).

For U8-U18 teams: If you are the home team, it is your responsibility to contact the opposing team in advance of the game, no later than Thursday night to ensure location is known, jersey colours are identified, and anything specific about the match is communicated in advance.

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## Age Groups and Practice/Game Formats (quick summary)

- U6 - 3v3 or 4v4 (goalies optional with nets). Roster of 8-12
- U7 & U8- 4v4, with goalies. Coaches allowed on the field. Roster of 8-12

These age groups have 1 practice and 1 game per week.

- U9 & U10 - 7v7 with goalies Coaches NOT allowed on the field. Roster of 11-14
- U11 & U12 - 8v8 with goalies. Roster of 12-16. Half field.

These age groups have 1 or 2 practices and 1 game per week.

- U11&12 starts the division between competitive and house.
- U13 - 18, 11v11, full field.

## Long-Term Player Development

Surrey United Soccer Club is committed to the long-term development of each of our players. Not all children enter the sport of soccer at the same time or level, and the way they develop can differ. It is our responsibility to make sure that our players are in the appropriate playing environment to reach their full potential. As a result, we offer many different training and playing options to allow for player growth over the longer term. For a more in-depth look, check out our academy and program offerings under the Academy / Programs tab on our website.

## Surrey United Player Development Philosophy

SUSC's development pathway aligns with the Canadian Soccer Association's Long-Term Player Development (LTPD) model, while maintaining a development-first philosophy, allowing players to progress through the appropriate stages of the Surrey United Program Outline Model.

Player development is the journey of a player from mini soccer all the way to adult soccer. As Surrey United is a "cradle to grave" club, the focus is on creating a fun environment where players want to continue to come back. Grouping players based on age has been a common tendency in the past; however, trends and benchmarks will still be used to evaluate players individually, giving players opportunities to be challenged within different team and academy environments.

## Health & Safety Resources

Health & Safety is something we take very seriously at SUSC. We encourage all teams to invest in a first aid kit for the season as staff may not always be on site to assist with supplies from the clubhouse. The Club does have access to an AED machine in the Equipment Facility (old clubhouse) in an emergency.

Injuries must be reported to the club and protocols are identified with supporting material under the Coaches tab on our website: <https://www.surreyunitedsoccer.com/playerinjurymanagement>. We have a team injury log if you wish to use it, please do. It is a handy tool for managers to keep track of player injuries and return to the game.

**Concussions are no joke.** Know the signs, educate yourself. If in doubt, the player sits until cleared by a medical doctor. Check out the app available for concussion education and resources here: <https://www.parachutecanada.org/en/injury-topics/concussion-ed-app/>

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## General Resources/Webpage

Surrey United Website has many resources available to coaches, parents and players. Before the season starts please take the opportunity to review the information available. Our website is mentioned several times already - it is our best resource to help you. Please spend some time becoming familiar with it. Another important resource is your age group Program Coordinator - their goal is to help you succeed. Finally, please do not hesitate to ask for assistance within your team.

## Program Coordinators

- Minis U6 – U9; Kelly Forster - [vpmini@surreyunitedsoccer.com](mailto:vpmini@surreyunitedsoccer.com)
- Youth U11 & U12; Yasmin Church [vpjuniors@surreyunitedsoccer.com](mailto:vpjuniors@surreyunitedsoccer.com)
- Youth Girls U13 – U18; Erin Billing - [vpgirls@surreyunitedsoccer.com](mailto:vpgirls@surreyunitedsoccer.com)
- Youth Boys U13 – U18; Oliver Villagran - [vpseniordistrictboys@surreyunitedsoccer.com](mailto:vpseniordistrictboys@surreyunitedsoccer.com)

## Suggested Team Roles

Head Coach - 'In charge' of the team, with the assistance of those listed below. Plans and runs the majority of the practices and games.

Assistant Coach(es) - assists Head Coach with running practices and games. May have certain responsibilities (goalies/defense or offence).

Manager - leads admin and communication side of team - emails and availability, prints team roster for game days of older groups, and again for older groups - ensures ID cards are complete and in order for the referees (Qscriptor). Organizes team events (often with other parent's help).

## Common Club Acronyms

- SUSC – Surrey United Soccer Club
- New Clubhouse - top floor of the big red barn.
- Old Clubhouse - south-east corner of green roofed building.
- CAP – [Cloverdale Athletic Park \(168<sup>th</sup>/64<sup>th</sup>\)](#)
- SUDA – [Surrey United Development academy](#)
- HPA – [High Performance Academy](#)
- BC SPL – [British Columbia Soccer Premier League](#)
- MSL – Metro Select League
- BCCSL – [BC Coastal Soccer League](#)
- RTP – [Return to Play](#)
- CRC – Criminal Record Check
- RIS – [Respect in Sport](#)
- BCSA – [BC Soccer Association](#)
- SFDA – [South Fraser District Association](#)

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